

## Aromatherapy 600 Aromatherapy Recipes For Beauty Health Home Plus Advice Tips On How To Use Essential Oils

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Aromatherapy & essential oils are used by thousands of people around the world, and have been for many centuries in one form or another. This is due to their ability to promote a healthy body and serene mind by aiming to restore balance both physically and psychologically.

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How to Find Aromatherapy Recipes. Looking for aromatherapy recipes with a certain essential oil in them? Simply use the search box below. For example, to find recipes containing lavender, type in "lavender" (without the quotes) and hit Search. Every page on this site that includes the word Lavender will pop up.

### **Easy Aromatherapy Recipes**

Essential Oil Recipes for the Child in All of Us. Greater care must be taken when using essential oils with children. See AromaWeb's Aromatherapy for Children article for more information. Monster Repellent; Boo Boo Juice (for Cuts and Scrapes)\* Holiday and Seasonal Essential Oil Recipes.

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